

# Frequent Ask Question

## “What is your detox program?”

There are many detox programs available in the market, ranging from simple product-based detoxes to deep cellular detoxification. We focus on deep cellular detox and rejuvenation using natural ingredients and processes. This program leverages the body's natural mechanisms to eliminate long-accumulated, excessive, and unexcreted toxins, providing a holistic, balanced, and natural approach to nourishing your life after detox.

## “Why does it take 5 days?”

Deep cellular detoxification requires time to systematically remove toxins layer by layer from the body. This holistic detox formula, refined by Mr. Steve over 20 years of practical experience, is simplified and innovated into a 5-day program to achieve effective results.

## “Can I detox while taking medication?”

Yes, you can take your medication during the program. Before attending, we assess your health history and tailor a semi-personalized detox program suitable for you.

## “Does the detox registration fee include accommodation?”

Yes, the Deep Cellular Detoxification and Rejuvenation program includes accommodation for 5 days and 4 nights. There is no additional charge for rooms, and we arrange for two people to share a room.



Get Free 20-Minute 1-to-1 Health Consultation

# More than 500 person recovered their illnesses through this program



## Deep Cellular Detoxification & Rejuvenation In Happi Village

### Psoriasis ★★★★★

#### Before detox:

Persistent eczema with itching & bleeding for the past 10 years, despite numerous medical consultations.

#### After detox:

This program healed my itching skin. I feel lighter and more mindful.



### Cancer ★★★★★

#### Before detox:

Post-chemotherapy, I experienced extreme joint pain, difficulty in movement and severe fatigue.

#### After detox:

My joint pain reduced and I regain the strength to move freely.



### Post-COVID sequelae ★★★★★

#### Before detox:

gastric pain, post-COVID symptoms included weakness, loss of taste and smell.

#### After detox:

I regained strength, fully recovered from gastric pain, and my taste and smell returned to normal.



### Hypertension ★★★★★

#### Before detox:

After receiving a coronary stent, I needed medication for anticoagulant, cholesterol and high blood pressure

#### After detox:

I can now enjoy life without any medication.



### Hormonal imbalance ★★★★★

#### Before detox:

I had severe menopausal symptoms like insomnia, emotional instability, fatigue, water retention, constipation, and gastric pain.

#### After detox:

I am free from menopausal symptoms and enjoy life freely. I regained the strength to lead my marketing team and excel in my career.



A 5D4N Wellness Retreat Program on a 23-Acre Nature Hilltop Resort  
Activate your self-healing system from major illness



Get Free 20-Minute 1-to-1 Health Consultation  
Happi Village Cafe



Diabetes	Hypertension	High cholesterol	Fatty Liver
Poor Immune System	Heart disease	Cancer	Stroke

**Our Coach, with 20 years of experience, has organised over 60 Deep Cellular Detoxification and Rejuvenation Programs**

# 5-day Detox Program Activities

## 8 Benefits of Cellular Detoxification and Wellness

### Day 1

#### Health Assessment:

Personal health assessment and semi-personalized program customization.

#### Program Briefing:

Detailed Explanation of the Deep Cellular Detox & Rejuvenation Program Flow

### Day 2 - 4

#### Oil Pulling Therapy :

A process to remove toxin from your mouth and glands.

#### Nutritional meals:

- Daily fresh squeezed juices
- Vegetable nutrient soups
- Natural healthy oils

#### Deep Cellular Detoxification:

Using natural ingredients and aligning with the body's natural rhythms to systematically expel cellular toxins layer by layer.

#### Hydration plan:

To effectively flush out the toxins from the body.

#### Health Seminar:

- Explore and understand the body and mind
- Identify the root causes of major diseases
- Learn balanced wellness practices
- Activate the self-healing process

#### Daily Coaching

Personally Health Assessment and necessary program adjustments

### Day 5

#### Final Health Consultations:

Personalized health consultations

#### Refeeding Session:

- Advice on resuming a normal diet
- Enjoy a healthy lunch before going home

✓ Rejuvenate the entire cellular system, including the immune, digestive, nervous, and cardiovascular systems.

✓ Recover and unlikely to contract major illness

✓ Reverse cellular ageing

✓ Improve stamina

✓ Restore hormonal balance

✓ Connect with and understand your body and mind

✓ Achieve a healthier body and mind

✓ Live a healthy and joyful life

## Suitable for

### Patients with major diseases

Diabetes, Heart Disease, Stroke, Cancer, Hypertension, High Cholesterol etc.

### Individuals at high risk of major diseases

Fatty liver, obesity, poor immune system, numbness of hands and feet, uric acid issues, hormonal and metabolic disorders, inflammation, swollen body etc.

### Individuals with Unhealthy lifestyles

Stressful life, smoking, excessive alcohol consumption, poor dietary habits, excessive junk food, lack of exercise etc.

### Those interested in healthy lifestyle

Individuals seeking a healthier lifestyle and wanting to increase stamina, flexibility, and health consciousness.



Conducted in a high-energy, natural highland with spring water and fresh air rich in negative ions, this environment is very effective for detoxifying and rejuvenating the body and mind.



### Phase 1 - Pre Detox

- ✓ Light fasting
- ✓ Adaptation period before deep cellular detox



### Phase 2 - Deep Cellular Detoxification

- ✓ Natural detoxification of accumulated cellular toxins



### Phase 3 - Cell Rejuvenation

- ✓ Cellular rejuvenation when free from toxins

